

Position Description

Physiotherapist Grade 2 – Transition Care/Restorative Care Programs

Classification:	Physiotherapist Gr 2
Business unit/department:	Aged Care Community Programs
Work location:	Austin Hospital <input type="checkbox"/> Heidelberg Repatriation Hospital <input checked="" type="checkbox"/> Royal Talbot Rehabilitation Centre <input type="checkbox"/> Other <input checked="" type="checkbox"/> Off-site partner RACF
Agreement:	Allied Health Professionals (Victorian Public Health Sector) Single Interest Enterprise Agreement 2021-2026
	Choose an item.
Employment type:	Part-Time
Hours per week:	32
Reports to:	Community Aged Care Services Manager
Direct reports:	Nil
Financial management:	N/A
Date:	Sept 25

Position purpose

The Grade 2 Physiotherapist (PT) will work as a member of the Community Aged Care Services Transition Care and Restorative Care Teams, providing a Physiotherapy service to clients in both our residential and community programs.

The work required will involve physiotherapy assessment and treatment of clients to optimise or maintain functional capacity, and will have a key role, along with other team members in supporting discharge planning.

About the Directorate/Division/Department

The position is located in the Aged Care Department of the Continuing Care Division at the Heidelberg Repatriation Hospital.

The Community Aged Care Programs include the Austin Health Aged Care Assessment Services, Austin Health Transition Care Program and the Austin Health Restorative Care program.

Austin Health - Aged Care Assessment Services

The Austin Health Aged Care Assessment Services undertake both clinical and non-clinical assessments for eligible older Australians as part of the Single Assessment System for Aged Care. The Single Assessment System aims to simplify and improve the experience of older people by providing a flexible system that can quickly adapt to their aged care needs.

It is a service that helps older people, and their families make decisions about the services that they need to remain at home safely.

Clinical Assessments can be conducted in both the hospital setting and clients home and determine eligibility for Australian Government subsidised services (Residential Care, Residential Respite Care, Home Care Packages and Transition Care).

Non-Clinical Assessments are completed in the clients' home and assess eligibility for entry level supports.

The community catchment for Austin Health Aged Care Assessment Services is the Northern Metro Region.

Austin Health Transition Care Program (TCP)

Austin Health has 52 packages in total, offering clients home or residential based support based at our partner Aged Care Facility. The aim of TCP is short-term interventions for older people at risk of inappropriate extended hospital stays and/or at risk of premature admission to residential care.

Austin Health Restorative Care Program (RC)

Restorative Care provides 8 residential care-based packages at Twin Parks Aged Care facility and 1 community-based package to assist people who have been discharged from Austin Health.

Position responsibilities

Role Specific:

The role will be based out of the Boronia Building at the Repatriation campus, and will require travel to our service locations for clinical care.

Clinical Care:

- Assess clients referred to TCP/RC and plan, implement, evaluate and modify treatment programs as required.
- Devise intervention priorities and goals in consultation with the client, family or caregivers.
- Provide assessment/intervention in our residential care facility and in clients' homes
- Provide education and consultation to clients and their carers, other health professionals and community agencies, where relevant, to ensure continuity of care.
- Participate as a member of an interdisciplinary team, ensuring approach is client centred and goal directed with measurable and timely outcomes.



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- Assist to integrate clinical care by referral and handover to other services relevant for the client's needs.
- Provide treatment in a safe and effective manner, both individually and in group settings, either at the residential care facility or in the client's home or local community.
- Be actively involved in discharge planning to ensure safe and well-planned continuity of care.
- Actively and positively participate in interdisciplinary team meetings, case conferences, and information and planning meetings.
- Ensure patient flow and appropriate length of stay.
- Ensure adequate handover of caseload when on annual leave.
- Work with the Grade 3 Physiotherapist to ensure all monthly and ad hoc reporting requirements are met

Quality & Risk

- Commence and maintain required clinical records in the relevant databases, including Scanned Medical Record (SMR), Cerner, Medtrak, AcVue and Acredia
- Take part in the development and application of program policies and procedures to support TCP and RC development and improvement.
- Participate in development and action of local Business Plan
- Initiate and participate in quality improvement activities that improve service delivery.
- Participate in local research activities/data analysis as required.
- Adhere to privacy and confidentiality standards in relation to communication of client information
- Actively ensure all administrative documentation is completed in a manner consistent with organisational policies and procedures, legislative and regulatory requirements.

Professional Development

- Participate in the Austin Health Performance Appraisal System and its associated supervision and professional development processes.
- Participate in regular clinical supervision.
- Clinical supervision of other physiotherapists at lesser classification (if required) and Allied Health Assistants
- Contribute to the orientation, training and development and Mentoring Program for AHAs, rotating Physiotherapists and Physiotherapy students when required.
- Proactively utilise reflective practice to identify opportunities for skill development to ensure delivery of safe practice
- Undertake education and training to ensure clinical practice is current and evidence based
- Contribute to the development and promotion of the TCP and RC services, internally and externally.

Administration

- Actively and positively participate in program specific team meetings, case conferences and information and planning meetings
- Actively ensure all administrative documentation is completed in a manner consistent with organisational policies and procedures, legislative and regulatory requirements.
- Assist in provision of leave cover across the service as required
- Work with the Grade 3 Physio and Manager to meet all monthly and ad hoc reporting requirements (within timelines)
- Carry out duties as delegated by the Grade 3 Physiotherapist or Manager



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Information Management

- Record in patient medical files according to policy/ procedure and Austin Health documentation standards
- Adhere to Austin Health's policies for use of Information Technology
- Meet activity and reporting timelines for projects and committee work
- Maintain and store minutes of meetings in areas of responsibility
- Record accurate statistics as per policy and procedures

Selection criteria

Essential Knowledge and skills:

- Clinical experience working in Aged Care/Gerontology or community settings
- Demonstrated understanding of the factors that impact on older people with significant care needs
- Strong discharge planning skills and awareness of options available to clients in the community
- Advanced written and verbal communication skills, including the ability to communicate with clients, their families, the clinical team and other hospital and community based health professionals.
- Ability to problem solve in a variety of complex situations
- Demonstrated ability in service development and quality improvement initiatives
- Demonstrated organisational ability in time and caseload management.
- Demonstrated ability to work autonomously and within an interdisciplinary team.
- Demonstrated ability to show initiative and flexibility.
- Demonstrated history of and commitment to ongoing professional development
- Commitment to quality, best practice and environmental safety
- Hold a current Victorian Driver's License.

Desirable but not essential:

- Post graduate qualifications in a relatable field
- Previous experience working in the Transition Care Program
- A sound understanding of information technology including clinical systems, applications relevant to risk management reporting or as required for the role and/or department.
- Ability to converse in another language



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Professional qualifications and registration requirements

Registered Physiotherapist. Current unlimited registration with AHPRA

Quality, safety and risk – all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

Other conditions – all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.

General information

Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

Equal Opportunity Employer



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We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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