

# Position Description

## Sleep Scientist- Grade 2

<b>Classification:</b>	Medical Scientist Grade 2
<b>Business unit/department:</b>	Respiratory and Sleep Medicine
<b>Work location:</b>	Austin Hospital <input checked="" type="checkbox"/> Heidelberg Repatriation Hospital <input type="checkbox"/> Royal Talbot Rehabilitation Centre <input type="checkbox"/> Other <input type="checkbox"/> (please specify)
<b>Agreement:</b>	Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Single Enterprise Agreement 2021-2025
<b>Employment type:</b>	Part-Time
<b>Hours per week:</b>	As agreed.
<b>Reports to:</b>	Senior Scientist
<b>Direct reports:</b>	Nil
<b>Financial management:</b>	Budget: N/A
<b>Date:</b>	March 2026

Austin Health acknowledge the Traditional Custodians of the land on which Austin Health operates, the Wurundjeri People of the Kulin Nation. We pay our respects to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples.

### Position purpose

As a Sleep Scientist at Austin Health, you will be part of a team of healthcare professionals operating within a clinical sleep laboratory. The purpose of this role is to conduct and monitor sleep studies and to deliver prescribed therapeutic interventions. This position combines technical expertise and scientific knowledge with a strong clinical skillset, to ensure that patient outcomes are delivered at the highest quality.

### About the Department of Respiratory and Sleep Medicine

The Department of Respiratory and Sleep Medicine is a dynamic, multi-disciplinary service offering comprehensive diagnostic and therapeutic care for a broad range of respiratory and sleep disorders. Services extend across Austin Health and the wider community, offering a diverse range of clinical and rewarding experiences. The Victorian Respiratory Support Service (VRSS) is a component of the department is a state-wide specialist service providing ongoing care for adults with chronic respiratory failure. Strong ties to the Institute of Breathing and Sleep (IBAS) ensure the department is at the forefront of respiratory and sleep related research and education.

## Position responsibilities

### Role Specific:

In addition to the position responsibilities of a Sleep Scientist Grade 1:

- Have expert and comprehensive knowledge in all diagnostics, treatment, analysis and follow-up methodologies.
- Serve as a resource person for less experienced scientists to ensure that the objectives of each sleep study and optimum care and safety of patients are achieved.
- Develop and maintain laboratory procedures and policies, under the supervision of the Senior Scientist.
- Review new developments and advise on improvements in methodologies and standards of practice.
- Actively participate in the development of the formal teaching and research programs of the Sleep Laboratory and the Department of Respiratory and Sleep Medicine.
- Take part in research projects under the supervision of senior medical and scientific staff.
- Provide a support role to the Senior Scientist, in various management delegations, as required.
- Be able to apply advanced knowledge and clinical experience, to make operational decisions, under the supervision of the Senior Scientist.

## Selection criteria

### Essential Skills and Experience:

- A commitment to the Austin Health values.
- Experience working in a clinical sleep laboratory, including setup and overnight monitoring of patients.
- Advanced knowledge and demonstrated competency in sleep study procedures, monitoring techniques, and therapeutic interventions, including a solid understanding of sleep-related physiology.
- Strong technical expertise in sleep laboratory instrumentation, with the ability to perform routine maintenance and effectively troubleshoot equipment issues.
- Formal training and practical experience in arterial blood gas collection and analysis, with a thorough understanding of related physiological concepts.
- Ability to work a shift roster, including day, evening, overnight and weekend shifts as required.
- Highly organised and self-motivated, with excellent time management and communication skills; capable of handling delegated management tasks and



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communicating effectively across clinical teams.

- Demonstrated commitment to ongoing professional development, including the pursuit or completion of relevant postgraduate qualifications.
- Previous experience in a CPAP clinic or similar clinical setting.
- Current driver's license.

#### **Desirable but not essential:**

- Proficiency in clinical information systems and relevant IT applications, including those used for rostering and risk management reporting.
- Prior experience working in the field of sleep science.
- Competent to conduct Multiple Sleep Latency Tests (MSLT) and Maintenance of Wakefulness Tests (MWT).
- Completion of formal sleep science training such as the BRPT, or ANZSSA certification.
- Strong computer literacy and confidence in using various software platforms in a clinical environment.
- Research experience in sleep science or related clinical fields.
- Familiarity with sleep monitoring systems, preferably Compumedics Sleep Systems.

#### **Professional qualifications and registration requirements**

- Bachelor's degree in Science or Applied Science from an Australian University or recognized equivalent.
- Eligible for membership of the Australian Council for Clinical Physiologists [theaccp.org.au](http://theaccp.org.au)

#### **Quality, safety and risk**

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

#### **Other conditions**

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*



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- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.

## General information

### Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

### Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

### Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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