

Position Description

Sleep Scientist- Grade 1

Classification:	Medical Scientist Grade 1
Business unit/department:	Respiratory and Sleep Medicine
Work location:	Austin Hospital <input checked="" type="checkbox"/> Heidelberg Repatriation Hospital <input type="checkbox"/> Royal Talbot Rehabilitation Centre <input type="checkbox"/> Other <input type="checkbox"/> (please specify)
Agreement:	Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Single Enterprise Agreement 2021-2025
Employment type:	Part-Time
Hours per week:	As agreed.
Reports to:	Senior Scientist
Direct reports:	Nil
Financial management:	Budget: N/A
Date:	March 2026

Austin Health acknowledge the Traditional Custodians of the land on which Austin Health operates, the Wurundjeri People of the Kulin Nation. We pay our respects to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples.

Position purpose

As a Sleep Scientist at Austin Health, you will be part of a team of healthcare professionals operating within a clinical sleep laboratory. The purpose of this role is to conduct and monitor sleep studies and to deliver prescribed therapeutic interventions. This position combines technical expertise and scientific knowledge with a strong clinical skillset, to ensure that patient outcomes are delivered at the highest quality.

About the Department of Respiratory and Sleep Medicine

The Department of Respiratory and Sleep Medicine is a dynamic, multi-disciplinary service offering comprehensive diagnostic and therapeutic care for a broad range of respiratory and sleep disorders. Services extend across Austin Health and the wider community, offering a diverse range of clinical and rewarding experiences. The Victorian Respiratory Support Service (VRSS) is a component of the department is a state-wide specialist service providing ongoing care for adults with chronic respiratory failure. Strong ties to the Institute of Breathing and Sleep (IBAS) ensure the department is at the forefront of respiratory and sleep related research and education.

Position responsibilities

Role Specific:

- Patient reception including explaining the nature of the investigation to be conducted.
- In-hospital and home visits as required.
- Apply and calibrate the full range of sensors and electrodes required to perform the requested sleep study.
- Perform all diagnostic and treatment sleep studies, including mask fitting and patient education as required, according to established laboratory protocols.
- Liaise with medical, nursing, allied health and other staff to ensure the objectives of each sleep study are achieved.
- Ensure the care and safety of patients attending the sleep laboratory.
- Ensure the care and performance of the sleep laboratory equipment.
- Perform quality assurance, maintenance and troubleshooting procedures on monitoring devices and computerised instrumentation.
- Monitor levels of consumables.
- Perform accurate and timely quantitative analysis of sleep studies and prepare associated reports.
- Actively contribute to improvements in methodologies and standards of practice with a focus on quality assurance.
- Attend and actively participate in the education of other scientists.
- Attend, participate and present at in-service meetings and at departmental meetings.
- Actively seek continuing professional development including relevant post graduate qualifications.

Selection criteria

Essential Skills and Experience:

- A commitment to the Austin Health values.
- An understanding of relevant respiratory, sleep and other related physiology.
- An understanding of measurement techniques and instrumentation used in the sleep laboratory.
- Ability to work a shift roster, including day, evening, overnight and weekend shifts as required.
- Demonstrate high levels of motivation, and organisational and communication skills.
- Have experience liaising with a range of people, public and professional.
- Proficient computer skills.
- Applicants with substantial progress towards the completion of a relevant qualification may be considered for provisional employment as a trainee scientist conditional upon qualification completion within an agreed time frame.



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- Current driver's license.

Desirable but not essential:

- A sound understanding of information technology including clinical systems and applications relevant to rostering and risk management reporting as required for the role and/or department.
- Sleep industry experience.
- Experience in sleep monitoring systems, preferably Compumedics Sleep System.

Professional qualifications and registration requirements

- Bachelor's degree in Science or Applied Science from an Australian University or recognized equivalent.
- Eligible for membership of the Australian Council for Clinical Physiologists theaccp.org.au

Quality, safety and risk

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

Other conditions

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.

General information

Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It



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is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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