

Position Description

Psychologist Grade 2

Classification:	Clinical Psychologist – Grade 2
Business unit/department:	Acute Psychiatric Unit - Mental Health Division
Work location:	Austin Hospital <input checked="" type="checkbox"/> Heidelberg Repatriation Hospital <input type="checkbox"/> Royal Talbot Rehabilitation Centre <input type="checkbox"/> Other <input type="checkbox"/> (please specify)
Agreement:	Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Single Enterprise Agreement 2021-2025
Employment type:	Part-Time
Hours per week:	19 hours per week
Reports to:	Nil
Direct reports:	Nurse Unit Manager
Financial management:	NIL
Date:	July 2025

Position purpose

This Position will provide specialist psychological services to the BETRS IP component of 5 region wide inpatient beds based on the Acute Psychiatric Unit, of Austin MHD. This will entail the provision of individual, couples, family and carer assessment; structured individual and group psychotherapy and for the appointee to be a fully contributing member of the multi-disciplinary team within the Eating Disorders Program, specifically, the Acute Inpatient Service generally and the MHD more widely.

The position will report to the Head of Department of Clinical Psychology. The Department contains an Academic Unit. Students are rostered on placement and supervised by psychologists including those in the Acute Psychiatric Unit. Senior psychologists across the MHD provide supervision and meet monthly.

This position is expected to work efficiently to the standards of the department, including participating in the Austin Health performance appraisal program.

About the Directorate/Division/Department

The Mental Health Division provides care and services through a comprehensive range of teams to meet the needs of mental health consumers and carers throughout Victoria. Services are located across Austin Health campuses and in the community.

All mental health services work within a clinical framework that promotes recovery-oriented practice and supported decision making. This approach to client wellbeing builds on the strengths of the individual working in partnership with their treating team. It encompasses the principles of self-determination and individualised treatment and care.

This position is located with the acute psychiatric precinct based with the allied health practitioners. Direct line management is from the Nurse Unit Manager of the acute services.

BETRS (Body Image and eating Disorders Treatment and Recovery Service)

BETRS is a collaborative partnership between the mental health programs of Austin and St. Vincent's Health.

BETRS is a specialist service with a commitment to research evaluation and uses a goal oriented collaborative model to provide structured interventions to adults with eating disorders.

BETRS Inpatient service is located within the Acute Psychiatric Service at Austin Health but is closely affiliated with the community based outpatient service at North Fitzroy; which is auspiced by St. Vincents Health.

BETRS community service is located in North Fitzroy, operationally auspiced by St Vincents Health and clinically led by Austin. BETRS in Patient service is wholly auspiced and led by Austin Health.

Position responsibilities

The aims and objectives of the position are as follows:

- To participate collaboratively as an active member in the multidisciplinary eating disorder team.
- Promote and maintain high standards of psychological services provided to the acute inpatients
- Participate in regular multidisciplinary team handovers, ward rounds, and meetings within the Eating Disorders Program
- Participate with the Multi-Disciplinary Team with the development of individualised formulation that is shared with both the patient and the team → this should be a dynamic document throughout the admission.
- Conduct individual psychological assessments, including case history, case formulation, suggestions for DSM-5 diagnoses, planning and delivering structured psychological interventions as required, liaison with other staff over treatment, and suggestions for outpatient follow-up with relevant mental health issues and possible interventions in line with the objectives of the unit.
- When primary assessments may not be possible due to clinical presentation, provide secondary consultations by way of file review, handovers, and ward rounds.
- Conduct specialised psychological assessments, when requested to assist in the diagnosis and management of presenting mental health issues.
- Provide psychological support and psycho-education to families of consumers.
- Provide input in the planning and facilitating psycho educational mental health group programs for the eating disorders program with the other team members.
- Participate in meal support and post meal support rosters.
- As required, mentor Clinical and Health Psychology students on placement and Graduate Psychologists on rotation in conjunction with the Senior Psychologist (P3 or P4).
- Facilitate provision of information to staff, patients, and carers regarding available inpatient and outpatient psychological services.
- Play a role in team evaluation activities of outcome of patients, fill other portfolio responsibilities on behalf of the team and program as required.



**Our actions
show we care**



**We bring
our best**



**Together
we achieve**



**We shape
the future**

- Provide accurate, accessible and timely written records of clinical work, as required in the Austin Health Policy of Clinical documents.
- To provide psychologist input to other components of MHD if required to assist in covering priority areas of program at times of clinical need.

Selection criteria

Essential skills and experience:

- Demonstrated skill, experience and competence in the delivery of evidence based assessments and interventions for people with eating disorders.
- Demonstrated skill, experience and competence in the provision of structured evidence based therapeutic interventions in individual and group settings.
- Demonstrated skill, experience and competence in working as part of a multi-disciplinary clinical team
- Demonstrated skill, experience and competence in promoting a standard of excellence in clinical practice.
- Highly developed written and verbal communication skills including demonstrated excellence in problem solving ability and conflict resolution skills.
-

Desirable but not essential:

- Demonstrated competence in initiating and contributing to quality improvement, evaluation and research activities
- Demonstrated skill, experience and competence to work collaboratively, effectively and efficiently across a range of inpatient and community settings.
- A sound understanding of information technology including clinical systems, applications relevant to the Management of rostering and risk management reporting or as required for the role and/or department.



Our actions
show we care



We bring
our best



Together
we achieve



We shape
the future

- Experience and proficiency in keyboarding and Computer skills.
- Demonstrated experience in developing and delivering training to a range of stakeholders.

Professional qualifications and registration requirements

- Clinical Master's Degree or Doctorate in Clinical Psychology recognized by the Australian Psychological Society and registered as a Psychologist with Australian Health Practitioner Regulation Agency.
- Have either Clinical endorsement with PBA or be working towards same.
- Experience in building and maintaining professional relationships with key stakeholders internal and external of St. Vincent's and Austin Health; including consumers, carers, family members, GP's Private Psychiatrists, AMHS, CAMHS and community agencies.
- A comprehensive understanding and working knowledge of the Mental Health Act (2014) and other relevant legislation.

Quality, safety and risk – all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

Other conditions – all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.



**Our actions
show we care**



**We bring
our best**



**Together
we achieve**



**We shape
the future**

- Work across multiple sites as per work requirements and/or directed by management.

General information

Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



Our actions
show we care



We bring
our best



Together
we achieve



We shape
the future