

# Position Description

## Grade 2 Physiotherapist - Frailty Troupe across the continuum of care

<b>Classification:</b>	Grade 2 Year 1 to 5 (VB1 to VB4)
<b>Business unit/department:</b>	Physiotherapy
<b>Work location:</b>	Austin Hospital <input checked="" type="checkbox"/> Heidelberg Repatriation Hospital <input checked="" type="checkbox"/> Royal Talbot Rehabilitation Centre <input type="checkbox"/> Other <input type="checkbox"/> (please specify)
<b>Agreement:</b>	Allied Health Professionals (Victorian Public Health Sector) Single Interest Enterprise Agreement 2021-2026 Choose an item. Choose an item.
<b>Employment type:</b>	Parental Leave Backfill
<b>Hours per week:</b>	38
<b>Reports to:</b>	Manager of Physiotherapy Physiotherapy Stream Leader
<b>Direct reports:</b>	
<b>Financial management:</b>	Budget: Nill
<b>Date:</b>	October 2025

Austin Health acknowledges the Traditional Custodians of the land on which we operate, the Wurundjeri Woi Wurrung People of the Kulin Nation. We pay our respects to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples.

### Position purpose

The Grade 2 Physiotherapist employed into this position will work in a rotational capacity, consisting of 6-month rotations across the acute, sub-acute and community streams across Austin Health. This is a unique opportunity to continue to develop clinical skills and expertise in caring for older adults with geriatric syndromes across the continuum of care from admission through to the community setting. This role provides rotations across acute general medicine, better at home, acute gerontology and sub-acute care with the potential to expand to the emergency department as part of frailty at the front door initiative. The role will work closely with the multidisciplinary teams to provide evidence-based intervention and gain skills in complex discharge planning, whilst developing a broad physiotherapy skillset which will support future career speciality.

### About the Department

The Physiotherapy Department comprises about 112 EFT (Equivalent Full Time) staff at the Austin Hospital, Heidelberg Repatriation Hospital, and the Royal Talbot Rehabilitation Centre. It provides

seven days per week, 12 hours per day services to acute and aged care areas. There is also a seven day a week primary care service for soft tissue injuries in the Emergency Department

It is a major clinical school for the University of Melbourne with responsibility for about 180 students from 1<sup>st</sup> through to 3<sup>rd</sup> year for the Doctorate of Physiotherapy (DPT) course. The Physiotherapy department is also associated with Swinburne University as a clinical school.

Clinical research is a priority of the department.

The Transition and Maintenance physiotherapy clinical stream provides a comprehensive service for all acute inpatients within Austin Health and is integrated within the nationally awarded innovative Austin Acute Physiotherapy workforce model of care.

## Position responsibilities

- Assessing, treating and managing risks for patients within your rotational area to optimise patient outcomes and support discharge planning.
- Be an active member of the multidisciplinary team to advocate for the role of physiotherapy in the patient's treatment and progressing patient treatment plans.
- Providing clear transparent communication to clients, carers, and the multi-disciplinary team to ensure a coordinated shared decision-making approach is delivered.
- Support the caseload across the team and provide clinical support and supervision to junior staff members as required.

## Selection criteria

### Essential skills and experience:

- Physiotherapist currently registered for practice with AHPRA (Australian Health Practitioner Regulation Agency)
- A commitment to Austin Health values: Our actions show we care, together we achieve, we bring our best and we shape the future.
- Significant experience in the Physiotherapy management of a diverse range of acute medical condition in the older patient cohort, including functional prognostication and complex discharge planning.
- Experience in delirium prevention/ management and falls risk minimisation strategies.
- Proven capacity to successfully work as part of a multidisciplinary team.
- Proven capacity to successfully work to enhance the physiotherapy team culture and environment.
- Commitment to ongoing education/postgraduate education.
- Demonstrated initiative, problem solving skills and flexibility.

### Desirable but not essential:

- A sound understanding of discharge and referral pathways for frail, older populations.
- Experience with using the Clinical Frailty Scale (CFS) to guide clinical decision making.
- Experience in the supervision of Grade 1 physiotherapists and Allied Health assistants.
- Experience in the supervision of physiotherapy students.
- Experience with applying the principles of Quality Improvement Science



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- A sound understanding of information technology including clinical systems and applications relevant to the Management of rostering and risk management reporting or as required for the role and/or department.
- Experience and proficiency in keyboarding and computer skills.

### Professional qualifications and registration requirements

- Physiotherapist currently registered for practice with AHPRA (Australian Health Practitioner Regulation Agency)

### Quality, safety and risk - all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

### Other conditions - all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.



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## General information

### Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

### Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

### Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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