

Position Description

Exercise Physiologist Grade 2

Classification:	Exercise Physiologist Grade 2 (EP67 – EP70)
Business unit/department:	Physiotherapy
Work location:	Austin Hospital ☒ Heidelberg Repatriation Hospital ☒ Royal Talbot Rehabilitation Centre ☒ Other ☐ (please specify)
Agreement:	Victorian Public Health Sector (Health and Allied Services, Managers and Administrative Officers) (Single Interest Employers) Enterprise Agreement 2021-2025
Employment type:	Fixed-Term Part-Time
Hours per week:	22.8
Reports to:	Manager of Physiotherapy
Direct reports:	N/A
Financial management:	Budget: N/A
Date:	November 2025

Position purpose

The Exercise Physiologist will deliver high-quality, evidence-based services to patients with chronic and complex health conditions, supporting improved function, self-management, and quality of life within a multidisciplinary framework. Services include pre and post liver transplantation, cardiopulmonary rehabilitation programs and oncology outpatients.

About the Physiotherapy Department

The Physiotherapy department forms part of the Allied Health Division, which in turn is based within Clinical Operations and Ambulatory Services.

The Physiotherapy Department is committed to promoting the highest levels of physiotherapy for our patients. In realising this goal, the department will lead and excel in research, teaching and the use of person-centred evidence-based practice.

The department provides services on all three campuses of Austin Health, across all Service areas. The department provides care across the continuum from the Emergency Department through bed-based services and ongoing ambulatory care. The department is focused on developing the

professional body of knowledge and practice of staff (which is evidence based) in a range of areas to ensure high quality service provision. This is achieved through staff participating in ongoing training and professional development, professional supervision and performance review, research, quality improvement activities and working with undergraduate students.

This position will be based across all three of the campuses.

Position responsibilities

The Exercise Physiologist will be responsible for an individual clinical caseload in addition to contributing to the overall standard of care provided within the Chronic Disease stream.

Role specific responsibilities:

- Provide comprehensive assessment, diagnosis and treatment planning for patients with chronic diseases (e.g. liver failure / transplantation, COPD, heart failure, diabetes, cancer, musculoskeletal conditions)
- Accurately apply and interpret standardised outcome measures to monitor progress, evaluate treatment effectiveness, and inform care planning
- Implement evidence-based interventions to optimise function, mobility and symptom management
- Develop and deliver individual and group exercise programs according to best practice clinical evidence, in collaboration with participating patients to promote engagement, self-efficacy, and sustainable health outcomes
- Work collaboratively with other health professionals and community partners to ensure comprehensive and continuous care for patients with chronic diseases
- Maintain accurate and timely clinical documentation and activity data
- Actively participate in supervision and continuous development both as a supervisee and as a supervisor of junior staff and students
- Contribute towards quality improvement initiatives, research and service evaluation

Selection criteria

Essential skills and experience:

Clinical Experience

- Demonstrated experience (minimum 3 years recommended) in providing exercise physiology within chronic disease management or related areas (e.g. cardiopulmonary, musculoskeletal, rehabilitation)
- Experience with multi-disciplinary or community-based models of care
- Experience in the use of telehealth for patient assessment and intervention

Knowledge & Skills

- Strong understanding of chronic disease pathophysiology and evidence-based management strategies
- Excellent clinical reasoning, assessment, and treatment planning skills
- Ability to tailor exercise and rehabilitation programs to individual client needs and limitations



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Communication & Interpersonal Skills

- High level written and verbal communication skills
- Demonstrated ability to build effective therapeutic relationships and work collaboratively in a multidisciplinary environment

Organisational & Time Management Skills

- Ability to manage a diverse caseload and meet service delivery targets
- Demonstrated initiative, flexibility and problem-solving ability

Desirable but not essential:

- A sound understanding of information technology including clinical systems and applications relevant to the role
- Experience in clinical research and quality improvement activities

Professional qualifications and registration requirements

- Exercise Physiologist currently accredited with ESSA

Quality, safety and risk – all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

Other conditions – all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.



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General information

Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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