

Position Description

CardioMetabolic Consultant - Endocrinology

Classification:	As per contract
Business unit/department:	Medical & Cancer Services Division - Endocrinology Department
Work location:	Austin Hospital ☐ Heidelberg Repatriation Hospital ☒ Royal Talbot Rehabilitation Centre ☐ Other ☐ (please specify)
Agreement:	AMA Victoria - Victorian Public Health Sector Medical Specialists Enterprise Agreement 2022-2026
Employment type:	Fixed-Term Part-Time
Hours per week:	7.00
Reports to:	Director of Endocrinology
Direct reports:	
Financial management:	Nil
Date:	June 2026

Austin Health acknowledges the Traditional Custodians of the land on which we operate, the Wurundjeri Woi Wurrung People of the Kulin Nation. We pay our respects to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples.

Position purpose

The purpose of this 12-month, 0.2 FTE grant-funded position is to improve inpatient lipid optimisation for patients at Austin Health. The role is designed to ensure that very high-risk atherosclerotic cardiovascular disease (ASCVD) patients are identified, managed according to clinical guidelines, and effectively transitioned to outpatient care.

About the Directorate/Division/Department

The **Endocrinology Department** sits within Austin Health's Medicine and Cancer Services Division and provides comprehensive specialist care across the full spectrum of endocrine conditions.

The Department has three inpatient beds and manages short-stay admissions through the Emergency Short Stay Unit. Approximately 20-30 inpatients are referred to the unit each

week, and the Department's outpatient clinics provide care to more than 4,000 patients annually.

The Department has recognised clinical strengths in diabetes, obesity, men's health, osteoporosis, thyroid disease, metabolic bone disease, lipid disorders, and gender-affirming hormone therapy. It delivers a range of specialist and innovative models of care, including the Rapid Access Diabetes Clinic, Diabetes Clinics, Medical Weight Management, Metabolic Bone, Lipid, Men's Health, Women's Health, General Endocrinology, and Gender Clinic services.

Endocrinology plays an important role in both undergraduate and postgraduate medical education and maintains a strong affiliation with the University of Melbourne's Department of Medicine. It is a recognised training site for advanced trainees in endocrinology, with four accredited registrar positions, including two RCY positions and two core positions. In addition, a registrar funded through the Centre for Research Excellence in Diabetes and Obesity participates in the Department's diabetes clinics and broader unit activities.

The Department also runs a leading endocrine clinical trials unit, with a growing portfolio of investigator-led and industry-sponsored clinical trials. Departmental offices, outpatient clinics, the clinical trials area and laboratory facilities are located within the Endocrine Centre of Excellence on the second floor, East Wing of the Centaur Building at the Heidelberg Repatriation Hospital.

The Department is supported by a highly skilled Diabetes Nurse Education team, which provides comprehensive education and support for adult and paediatric patients living with diabetes, as well as their families and support persons. Services include one-on-one inpatient and outpatient education, insulin pump initiation and management, continuous glucose monitoring support, over-the-phone insulin dose adjustment advice, and support for young adults transitioning between services. The Diabetes Nurse Education team works closely with services across Austin Health and with community partners to provide coordinated, flexible and integrated person-centred care.

Through its integrated approach to clinical care, research, education and service innovation, the Endocrinology Department remains committed to advancing endocrine health outcomes across the community and training the next generation of endocrine specialists.

Key Responsibilities and Scope

Clinical Intervention:

- Identification of very high-risk ASCVD inpatients using EMR-based lipid alerts.
- Provision of bedside education and clinical intervention regarding LDL-C targets.
- Initiation of combination therapy (statin plus ezetimibe) for eligible patients prior to discharge.

Clinical Management: *

- Performing one ward round per week (Monday)
- Managing patients in the Rapid-Access Atherosclerosis Clinic (Tuesday PM).

Documentation & Monitoring:

- Documenting clinical data in a lipid outcomes database.



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- Maintaining a standardised recall system for 6-week follow-up visits.

Reporting:

- Ensuring clear communication with primary care providers regarding lipid-lowering therapy (LLT) treatment plans.

Credentialing and Scope of Clinical Practice

- **Formal Appointment:** Appointment is subject to a successful formal credentialing process and definition of the Scope of Clinical Practice by the **Austin Health Appointments and Scope of Practice Committee (ASPC)**.
- **Scope of Practice:** The successful applicant will be credentialed to provide specialist endocrine services within the Gender Clinic, including but not limited to:
 - Initiation and titration of gender-affirming hormone therapy (GAHT).
 - Ongoing monitoring of metabolic and endocrine health for TGD individuals.
 - Clinical oversight of multidisciplinary treatment plans.
- **Compliance:** The practitioner must only perform clinical activities within the scope of practice formally granted by the organization. Any change in clinical requirements or expansion of services will require a formal application for a change in Scope of Practice.
- **Performance Review:** Clinical practice will be monitored through regular performance reviews and peer review processes conducted within the Endocrinology Department.

Selection criteria

1. Research and Data Skills:

- a. Demonstrated ability to collect and manage clinical data accurately for audit and outcomes research.
- b. Understanding of audit and quality improvement principles within a hospital setting.

2. Communication and Collaboration:

- a. Excellent communication skills, particularly in liaising with multidisciplinary teams, primary care providers (GPs), and patients regarding long-term secondary prevention.
- b. Capacity to function effectively in both inpatient ward round environments and outpatient clinic settings.

Desirable Selection Criteria

Clinical Expertise:

- c. Demonstrated experience in the management of complex metabolic and cardiovascular disorders, specifically dyslipidaemia and atherosclerosis.
- d. Strong working knowledge of current clinical guidelines for lipid-lowering therapies (e.g., statins, ezetimibe, PCSK9 inhibitors).
- e. Ability to conduct effective clinical assessments and develop management plans for high-risk inpatients.



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- **Quality Improvement Experience:** Previous experience leading or participating in a quality improvement project or clinical audit.
- **Information Systems:** Proficiency with hospital EMR systems (e.g., Cerner/Epic) and clinical databases.
- **Education/Advocacy:** Experience in providing bedside clinical education to junior medical staff or patients.

Professional qualifications and registration requirements

- **Medical Registration:** Unconditional General and/or Specialist Registration as a Medical Practitioner with the **Medical Board of Australia (AHPRA)**.
- **Specialist Fellowship:** Fellowship of the **Royal Australasian College of Physicians (FRACP)** or equivalent specialist recognition in **Endocrinology**.
- **Medical Indemnity:** Maintain appropriate professional indemnity insurance or eligibility for cover under the hospital's insurance arrangements.
- **Continuing Professional Development (CPD):** Demonstrated commitment to ongoing education and meeting the annual CPD requirements of the RACP.

Quality, safety and risk – all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

Other conditions – all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care; we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.



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General information

Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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