# Austin Health Position Description



# Position Title: Music Therapist – Ward 3 North (including 12month temporary role in SECU)

| Classification:            | Music Therapist Grade 2  |
|----------------------------|--|
| Business Unit/ Department: | Leisure and Creative Therapies   |
| Work location:             | Austin Health [Ward 3 North & SECU ]   |
| Agreement:                 | Allied Health Professionals (Victorian Public Health<br>Sector) Single Interest Enterprise Agreement 2021-<br>2026 |
| Employment Type:           | Part-Time  |
| Hours per week:            | Ward 3 North 3 hours – Permanent<br>Secure Extended Care Unit 5 hours – Temporary (12mths)                         |
| Reports to:                | Manager Leisure and Creative Therapies   |
| Date:                      |  |

# About Austin Health

Austin Health is recognised for high-quality, person-centred care. We're renowned for our specialist work in cancer, transplantation, infectious diseases, obesity, sleep medicine, intensive care medicine, neurology, endocrinology, mental health and rehabilitation.

We're the largest Victorian provider of training for specialist physicians and surgeons, and internationally recognised as a centre of excellence in hospital-based research.

Our services are delivered to patients across four main sites in Melbourne, in locations across our community, in people's homes, and within regional hospitals across Victoria.

We aim to provide an inclusive culture where all staff can contribute to the best of their ability and strive to develop further. We recognise that our people are our greatest strength. We want them to thrive, be their best selves and feel engaged, safe and empowered. To achieve this, diversity and inclusion is essential to our culture and our values. You can view our current Diversity and Inclusion Plan here.

# **Commitment to Gender Equality**

Austin Health is committed to gender equality in the workplace. In developing our <u>Gender</u> <u>Equality Action Plan</u> we have been guided by the gender equality principles set out in the Gender Equality Act 2020 (Vic). We believe that everyone should live in a safe and equal society, have access to equal power, resources and opportunities and be treated with dignity, respect, and fairness.

### **Position Purpose**

To provide Music Therapy services to patients in:

- Ward 3 North patients with spinal cord injuries, including people with a recent injury and people with existing spinal injuries who have been readmitted to the ward.
- Secure Extended Care Unit (SECU) adults with complex mental illness, who require extended treatment and care in a secure environment, offering medium to long-term psychosocial rehabilitation. (note this part of the role is temporary for 12months)

## **About Creative Therapies Service**

Music Therapy is a component of the Creative Therapies Service that comprises Art Therapy, Music Therapy and Horticultural therapy. The service strives to provide a quality program that is client/consumer focused, goal oriented and guided by defined practice standards and ongoing review and evaluation. Music therapy aims to include the patient's family and friends in the therapy as appropriate.

The creative therapy service is based at Royal Talbot Rehabilitation Centre but this position will operate on the Austin Hospital Campus. Day to day accountability will be to the nurse unit managers of the wards noted above and overall accountability will be to the Manager of Leisure and Creative Therapies.

# **Purpose and Accountabilities**

#### **Role Specific:**

#### Clinical

- Provide responsive and effective Music Therapy services for individuals and groups including:
  - Services in the spinal acute ward which address patients' physical, cognitive, communication and emotional needs
  - Services in the mental health ward that:
    - support patients in regulating arousal and achieve calmness and focus.
    - engage patients in meaningful activities e.g. learning new skills in managing mental health, self-exploration and self-expression.
    - provide positive connection and experience in a musically nurturing space.
  - Working as a member of the multi-disciplinary teams including participation in case conferences, patient/family information and planning meetings and consultation with other team members when reasonable
  - o Complete timely and accurate patient UR documentation and required

### statistical data entry. Quality Improvement, Teaching and Research

• Provide information and presentations to staff and patients to promote Music Therapy

### **Professional Development**

- Participate in the Austin Health professional development program and ongoing professional education as relevant to the enactment of this position and Music Therapy service delivery at Austin Health.
- Other duties as required.

### All Employees:

- Comply with Austin Health <u>policies & procedures</u> as amended from time to time.
- Comply with the Code of Conduct and uphold our values, and diversity and inclusion commitments.
- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality & risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.
- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person centred care.
- Comply with requirements of National Safety & Quality Health Service Standards and other relevant regulatory requirements.
- Comply with Austin Health mandatory training and continuing professional development requirements.
- Work across multiple sites as per work requirements and/or directed by management.

# **Selection Criteria**

#### Essential Knowledge and skills:

- Masters, Bachelor or Post Grad Dip in Music Therapy.
- Current registration with the Australian Music Therapy Association.
- Demonstrated competence in music therapy practice with individuals and groups, particularly persons with cognitive, communication, physical and emotional difficulties.
- Demonstrated ability to work effectively as part of a multi-disciplinary team, including ability to work flexibly and collaboratively as well as successfully managing differences and conflict.
- Ability to work independently as a sole worker

- Competence with guitar/voice.
- Capacity to deal with people and families who have experienced/are experiencing acute trauma
- Proficiency in communication and interpersonal skills relevant to service delivery with a broad/diverse range of people
- A commitment to Austin Health values: Our actions show we care, we bring our best, together we achieve and we shape the future.

#### Desirable but not essential:

- Demonstrated interest and understanding of current directions, issues and challenges in the delivery of health care services in a rehabilitation setting.
- Experience providing Music Therapy services to young people
- Post graduate qualifications in Music Therapy, rehabilitation or other related area
- Demonstrated innovative service delivery approaches and achievements.
- A sound understanding of information technology including clinical systems, applications relevant to Music Therapy. Experience and proficiency in keyboarding and Computer skills.

### **General Information**

#### Austin Health is a Child Safe Environment

Austin Health is committed to child safety. We want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. Austin Health has zero tolerance of child abuse, and all allegations and safety concerns will be treated seriously in line with legal obligations and our policies and procedures.

#### Equal Opportunity Employer

We welcome applications from Aboriginal and Torres Strait Islander people. For any support throughout the recruitment process or further information about working at Austin Health, please follow this link to Aboriginal Employment on our <u>website</u>

### **Document Review Agreement**

| Manager Signature  |  |
|--------------------|--|
| Employee Signature |  |
| Date               |  |